



Dried Flowers

What will I need?

- Microwave
- Fresh flowers
- Kitchen towel
- 2x heavy microwavable dishes with flat bottoms
- Card or fabric
- Picture frame (optional)

Top Tip!

If you can, try mounting your flowers against different colour backgrounds to find the one that works best.

What do I do?

1. Select the flowers you would like to use in your display. If you're going out for a walk to exercise, why not pick a few daisies or dandelions?



2. Place a piece of paper towel into one of the dishes and arrange your flowers on top. Fold over the towel or use a second piece to cover the flowers.



3. Carefully place the second dish on top of the flowers. You will need to make sure that this has a completely flat bottom.





4. Heat in the microwave for approximately 2 minutes. Do this in 30 second increments and check the flowers each time. Be careful not to heat for more than 30 seconds at a time, as this can burn the flowers



5. After heating, the paper towel will be damp. Very carefully remove the flowers from the paper but leave loosely to dry (we left ours overnight).



6. Find a picture frame and, using either some pretty fabric or paper as a background, display your flowers. You could also use the flowers to create a beautiful greetings card.



7. Don't forget to take a photo of your creation and share it on social media, tagging Colchester Museums on facebook or @Colmuseums on Twitter.