



Feed The Birds!

What will I need?

- 4oz Bird peanuts
- 4oz Lard
- 4oz Digestive biscuits
- 4oz Bird seed (optional)
we used sunflower hearts
- A clear, food bag
- Food blender
- An old teacup
- Ribbon/string

Top Tip!
If you can, try and hang your feeder near to the tree trunk or among thicker branches. Generally, birds prefer quieter spots where they are less likely to be disturbed.

What do I do?

1. Start by weighing out your ingredients.
2. You will need to put the digestive biscuits in a bag and crush them up into crumbs. You could do this using your hands, or a rolling pin. Next, liquidise your peanuts, as they will be too large to leave whole.
3. Place all the ingredients together in a bag. Chopping up the lard into smaller pieces will help with the next step.





4. Gently squeeze and knead all the ingredients together, making sure you combine everything really well.



5. Get an old cup and fill it with your fatball mixture. Use your hands or the back of a spoon to push down and tightly pack the mixture in.



6. Using a piece of string or ribbon, tie your cup to a tree branch.



7. Relax and enjoy watching the birds feeding. Be sure to take a picture of your creation and share it on social media, tagging [@Colmuseums](#) on Twitter or [@ColchesterCastle](#) on facebook.